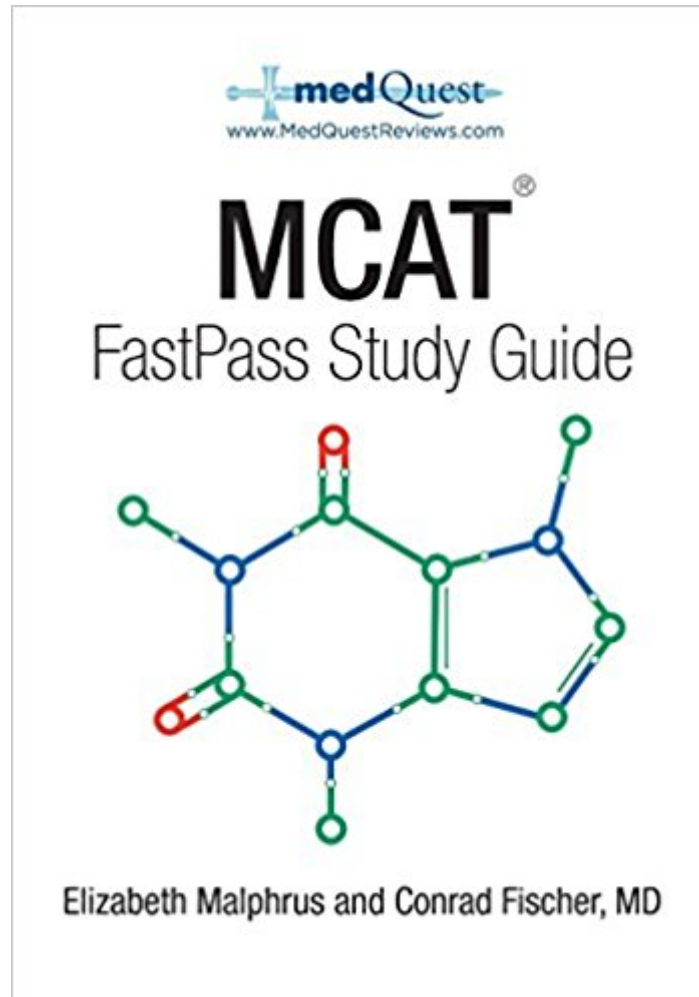


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# Medquest MCAT Fastpass Study Guide



## Synopsis

Keep your studying focused and high-yield with the ultimate MCAT study guide. This comprehensive guide includes all of the most important facts, figures, formulas, and concepts you need to master the new MCAT in a single, accessible volume. Use it to guide your study sessions so you focus on what's most important, quickly find the information you need, and keep track of what you've covered.

## Book Information

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## Customer Reviews

This book was smaller than I expected. Basically it is a bunch of bullet points and definitions of major concepts for the MCAT. Sometimes when I read my actual review books from Examcrackers and Kaplan, I get lost in the little details and the concepts can become convoluted. This book helps me stay focused on what is important. After reading this book, I do return to the other books and the concepts become clearer. Now this book isn't going to be the only book you should get when studying for the MCAT, however I believe that it will help explain things in a simple and direct manner which can be helpful.

Basically, it's an annotated AAMC outline, a great reference/addendum to your standard prep material. The problem is that there are lots of errors, and the paper it's printed on is very cheap/thin. A lot of the images are fuzzy/low resolution. It's about \$20 too expensive.

TAKE A CHANCE ON THIS BOOK !!! LOVE this MCAT book! it's a great all in one reference that works with the official AAMC book, I have several other MCAT books but, none of them follow the AAMC as well as the Medquest MCAT Fastpass study guide.

Finally! A book that completely covers all the information I need without being exhaustive. I tried Kaplan's 7 books and 300 hours of video and I really couldn't get through of all of it. I tried taking the MCAT the first time but bombed it after I could only review 2/3 of the material. The second time around, I stuck to this book and it was a game changer. Instead of being overwhelmed with the amount of material I had to review, I could stick to the bare bones and outline of the MCAT. I went through, getting a reminder in the topics I knew, and highlighted what I didn't. Ultimately, this worked better than anything I had done in the past and I can't thank you enough!! Now for the boards...

FastPass is the gold mine when it comes to MCAT study materials. I have by now abandoned my 5 volume Exam Krackers MCAT books in favor of this slender guide that has everything I need. I really appreciate how Malphrus and Fischer have condensed the material down to the basics. They provide the content you need to know (in the order the AAMC has it in their official guide - thank you!) but do so efficiently and clearly. If I need more on a particular concept I can dig deeper myself, but I love that everything is there at my fingertips in one place. It is indexed as well, which Exam Krackers failed to do; this is really helpful when I want to look up something quickly. Overall this book has kept me sane while studying; providing all the need-to-know equations in one place, all the amino acids in another. The organization of the book is well thought out. It's apparent the authors know what it takes to do well on the MCAT. This book, coupled with the MedQuest MCAT course they offer will be the ticket for helping me score high on test day!

I have never heard of this company before but decided to give this book a try because its ability to provide a brief summary of the topics covered by the AAMC. Firstly, all I can say is that this book had me shaking my head more times than i'd like. I would honestly be ashamed to associate my name with such a poor quality of work. For the cost of this book you could probably hire a Pre-med to go through the AAMC outline and annotate it for you with greater accuracy. From committing SERIOUS typos such as missing the extra "H" in FADH<sub>2</sub>, to incorrectly defining high school level concepts such as osmosis as "movement from high solute concentration to low solute concentration" (IT'S THE OPPOSITE), the facts presented in this book should seriously be brought into question. I've only read up to page 80 and have identified more than a handful of mistakes

which could seriously impact content acquisition from any pre-med who isn't familiar with the material. Just to name a few other mistakes that you will find while reading this book: -"Sound travels faster in mediums of higher density". No, in fact it doesn't. Sound is inversely proportional to the density of a medium (don't believe me? Look up the equation). Sound travels faster in mediums that have a higher bulk modulus. -[Regarding the Electron Transport Chain] The book incorrectly states that  $H^+$  ions get pumped INTO THE MATRIX when creating the proton gradient. What I find funny is that there is an accompanying illustration of this concept showing movement of protons into the intermembrane space a.k.a the correct movement pattern (which is the same one as on the Wikipedia page for Electron Transport Chain). I'm positive that there are MANY more mistakes and probably several that I have missed (Since I am just skimming this material for concepts/definitions that are unfamiliar). I found myself just searching up information online for concepts that I was unfamiliar with (which would basically be the same thing as looking at the AAMC outline offered for free). Not only would I NOT use this book even as a "refresher" after content review as it could cause you to subconsciously retain incorrect information come test day, but this would be the WORST book possible for those beginning content review. It's just a headache waiting to happen. Save yourself the headache and stick with reputable companies such as Kaplan, Princeton, etc. etc. They are popular for a reason.

The Fastpass was a huge help in preparing for the MCAT, I've purchased others and all they did was to compile all the information from the classes I took. Fastpass gives you the the exact items that's tested, how it's related to the MCAT exam and the application to the human body. Coupled with the exam questions it's just smarter way to get ready. I'm more confident moving forward.

Great book.

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